

# **How to attain Barakah( from Allah)**

## **Part 9**

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“Your writing is both inspirational and motivating...”

Halima Sarki

Abuja Nigeria

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## **Introduction**

### **Bismillahirrahmaanirraheem**

In The Name of Allah, The Entirely  
Merciful, The Especially Merciful

This is a book about How to attain  
Barakah( from Allah)- Part 9- by the  
will of Allah.

Source: Madrasatuna

**Text(Matn)**

**Bismillahirrahmaanirraheem**

In The Name of Allah, The Entirely  
Merciful, The Especially Merciful

Alhamdulillah wassalaatu wassalam  
'alaa Rasuulillah

All praises be to Allah and  
salutations and peace be upon the  
Prophet Muhammad, His Family, His  
Companions and all those that follow  
him until the day of Judgement



To proceed

## BARAKAH

Barakah does not exist in anything except that it is increased beyond normal expectations.

If you are endowed with Barakah, you will accomplish a great deal in less time, achieve more with little/no

resources, and endure laborious activities with minimal effort.

How does one attain Barakah?

Here is the ninth way to attain Barakah:

Honesty in Trade

Lying, cheating and false oaths are  
not a profitable business

The Prophet صلى الله عليه وسلم said:

“Both parties in a business  
transaction have a right to annul it,  
so long as they have not separated;

and if they spoke the truth, and  
made clear the defects of the goods,

then they would be blessed in their transaction,

but if they conceal and lie (some facts), their transaction will be deprived of blessing”

[ Bukhaari & Muslim]

May Allah guide us all Ameen

All praises be to Allah and  
salutations and peace be upon the  
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## **Bonus**

**Bismillahirrahmaanirraheem**

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To proceed

## **Bismillahirrahmaanirraheem**

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To proceed

Quick fix: short term solution

Take 5-HTP every now and again

Caution: Don't overdose and don't  
take too frequently to avoid adverse  
effects



Note: It is better for purity of body  
and mind to take the vegan  
alternative

Or if you are really a travelling  
health seeker or prolific health  
researching activist, get your hands  
on the actual fresh, organic *griffonia*  
*simplicifolia*; learn how to make  
effective/ safe use of it, before you  
proceed to far.

And even further to that, plant it  
yourself and grow it

Long term: Permanent solution

Sequence of Steps one can take:

1. Ask your Creator( Allah for  
guidance)

2. Learn about your Creator( Allah)  
from the authentic Islamic sources:  
i.e. The Quran, authentic narrations  
of the Prophet( Peace be upon him),  
according to the understanding of  
the Companions( May Allah be  
pleased with them) of the  
Prophet( Peace be upon him)

3. Submit to your Creator Allah  
completely( as His completely

submitting, thankful and  
worshipping slave);

a. In His Lordship

b. In Worship of Him alone( not  
associating any partners at all with  
him in any shape or form), in the  
manner that He legislated( in His  
speech- the Quran, and on the  
tongue of His Messenger- peace be  
upon Him- who only spoke by  
revelation)

c. In His Names and attributes

4. Take ablution( ritual cleansing wash performed before prayer)

5. Learn all the issues concerning the Salah( it's jurisprudence/ understanding)- i.e. it's conditions, prerequisites, it's inner dimensions,

the meanings of all that is said in the salah etc etc

6. Be sincere and always ask Allah for sincerity

7. Pray a prayer, having no concern but Allah, and no concern for anything else nor what is outside the prayer. A prayer where you don't intend to come out of it until your Rabb is pleased with you and you

meet him; with all humbleness and  
submissiveness

8. In that state, stay in the prayer for  
as long as you need to, imploring  
your Rabb for guidance, help,  
support and all goodness of this  
world and the hereafter, especially  
during prostration(sujood)- keeping  
to the guidance of the

Prophet( Muhammad- Peace be upon him)

9. Don't leave the presence of your Rabb until you have attained the khair( good) of what you were seeking- by His permission

10. Wa allahu A'lam/ And Allah knows best



May Allah guide us all Ameen

All praises be to Allah and  
salutations and peace be upon the  
Prophet Muhammad, His Family, His  
Companions and all those that follow  
him until the day of Judgement

## **Bonus Chapter**

### **Parables Part 1**

## **Bismillahirrahmaanirraheem**

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To proceed

## **1. Parable of the Pixel**

In general, people are like pixelated images; when you zoom out, their image appears complete. But when you zoom in close enough, you start to see pixelated bits/ dots of their character, and at times, even hidden

messages that are not congruent  
with their zoomed out image

## **2. Parable of the nomad**

There are places in this dunia, that  
are not suited for everyone to  
attend( to their illusionary pastures),  
except by those creation( of Allah),  
who He alone knows have the  
ability( by His permission), to  
operate their

## **3. Parable of the hypocrite**

There exists people in this dunia  
that; in order to build you, they seek  
to first break you;

A concept not farfetched from  
reality, as how else would they  
release their  
shayaatiin( companions), without an  
opening( of misplaced trust)

#### **4. Parable of the inverted signpost**

In this day and age, if a person links you to insanity, what they are telling you is that they would not be able to benefit you( in that particular issue), *in ipso momento*<sup>1</sup>.

May Allah guide us all Ameen

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## **Bonus Chapter**

## **Knowing Allah Part 8**

### **Bismillahirrahmaanirraheem**

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To proceed

All Allah's actions originate with  
perfectness because they originate  
from His names and attributes,  
which are themselves perfect.

His actions are linked to His will and  
decree.

Allah was and always will have His names and attributes i.e. creating.

He speaks when He wills

He remains a Creator even when He does not create.

He is a provider even when He ceases to provide.

He possesses the attributes of His actions although He may choose not to act.

When He speaks or creates, it does not mean that the speech or creating attribute came into being when they were “inaccessible to Him”.

These are very important matters

## 11. The names comprise no evil

In a Hadeeth; du'a prophet made: all good is in your hand and the evil is not imputable to you. I am by you and to you, blessed are you the exalted.( Muslim)

Sheikh Islaam Ibn Taymiyyah:

There is no name which Allah has( beautiful names) which comprises evil, it is however (evil) in relation to the object

(Note:) Sheikhul Islaam: title- elder  
of Islaam, honouring Islamic scholars  
of high standing.

Ibn Taymiyyah Ahmad ibn ‘Abdul  
Haleem Ibn ‘Abdul Salaam ibn  
‘Abdallah ibn Abul ‘Abbaas  
faqhihuddeen Ibn Taymiyyah

Born in Harraan, Nothern Iraaq, in  
661H, 1263AD

(He) grew up in Damascus Syria

(He) mastered various disciplines of  
Islamic knowledge

Against ( the) tartars in Syria, he  
fought

He was imprisoned in Syria and  
Egypt

He died in 728H/ 1328 AD

He died in prison due to his writings  
against innovations

May Allah guide us all Ameen

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## **Bonus Chapter**

### **Bismillahirrahmaanirraheem**

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To proceed

## **Brief Introduction**

I was born in Uganda, in Kampala, the capital city. My Father( rahimahumullah·) died when I was around 2 years old. I was raised an orphan by my Mother's family, who are majority Christian

## **The Religion Classification Conundrum**

However much I try to explain to individuals about my religious

background, the majority have still not understood it: Let's just say, I am 4<sup>th</sup> generation of Muslims from my Genealogy, and I was raised in a Christian household...that is the best summary I can give.

## **Need for attention**

Ever since I was a child, I've always either been the centre of attention, or Allah has still provided me with an

individual or individuals to fulfil  
certain emotional, spiritual needs etc

## **The Emotional Deficit Conundrum**

As I was approaching my current  
age, I came across certain  
individuals and groups that thought  
they would force an unfuelled/  
unenergised car to drive, moreover  
around the world and  
back( metaphorically speaking)...an

impossible feat, to all those who  
have intellect

Even if we go with the argument  
about electrical cars etc, then each  
vehicle with it's fuel/ energy type or  
in whatever combination, requires  
it's specific amount of it, preferably  
at the optimum combination for that  
vehicle to even attempt to perform  
to at least a satisfactory standard;  
not even having gone into the other

many variables within the full structure of the car...So, now we enter the world of Holistic living

## **Search for the truth**

The beginning of holistic living, search for the truth, re-encounter with Islaam, Islamic Orthodoxy and eventually Orthodox Islamic Spirituality, Peace, Contentment and Forever Thankful to My Creator, Allah Subhana Wa ta 'aala.

Allah guided me to eventually make Hijra to a land far from where I was raised, as I went out in the search for independence, meaning, success and consequently, for the purpose of life.

Eventually, Allah allowed me to find my life purpose, of being solely and purely in the worship of my Creator, and hence I am here today, sharing

my experiences and most  
importantly my gratitude to Allah for  
guiding me to Islam, Orthodoxy, the  
balanced religious path and beyond

Alhamdulillah

May Allah guide us all Ameen

**Return to Africa**



My return to Africa was one of intense emotional experiences, spiritual happenings and miraculous events

## **Salvation**

Given the many Brits and Western-raised individuals that return to Africa, and never come back alive...my return back to Leicester

from Africa, was not short of  
miraculous, for lack of a better term

## **Looking forward**

Worshipping Allah till death should  
be our main goal, if not our only  
goal, as well as fulfilling all our  
obligations towards Allah, all our  
contracts and most importantly, our  
main/ only eternal contract of “Laa  
illaah illallah”/ There is no deity

worthy of worship, in TRUTH, Except  
ALLAH

May Allah guide us all Ameen

Refer to my other books for further  
life reflections etc

May Allah guide us all Ameen

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salutations and peace be upon the

Prophet Muhammad, His Family, His  
Companions and all those that follow  
him until the day of Judgement

## **Bonus Book 1: The Spiritual Restroom**

### **Bismillahirrahmaanirraheem**

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To proceed

1. The Spiritual restroom

There is a place you must frequent multiple times a day, but at least once to keep spiritual fluidity; This place is called the spiritual restroom. Just like a physical restroom, you must purify yourself regularly, of spiritual filth; anger, hatred, hasad/ jealousy, lack of forgiveness, laziness, indifference, lack of mercy etc. Just like physical restraint from the restroom leads to compromise of your well-being/ 'afiyah, in general,

likewise, lack of regular spiritual cleansing causes multiple blockages in your spiritual channels, thus causing one to not be correctly connected to His Rabb/ Creator/ Allah Subhaana wa ta 'aala, and the Creation around Him. This causes incongruity in all of one's relationships( Divine or terrestrial), leading ultimately to permanent spiritual sickness, and ultimately; spiritual death.

May Allah guide us all Ameen

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## **Bonus Book 2: Infinite Tears of Salvation**

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To Proceed

1. Not everyone in this world is happy. Press the reset button continuously. Don't despair, don't lower your self, don't argue, don't fight without clear instruction from your Rabb/ Lord/ Creator. Be good and stay firm upon the right path.

2. Levitate( spiritually over the negativity of others). Never enter the abyss of negativity, as the path back up is filled with Shayatin/ Devils

from mankind and Jinn, that never tire nor wish good for you, and who have funding in time, finance, resources, to keep you permanently down and dejected, and to ultimately remain( in torment of you) forever i.e. until you are all flung into the hell-fire jami'an/ altogether.

3. Invest all your time in seeking a path to your Rabb/ Creator/ Lord, knowing Him, getting close to Him, and always remaining in His

remembrance and being  
unwaveringly watchful of Him/  
Muraqqabah

May Allah guide us all Ameen

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salutations and peace be upon the  
Prophet Muhammad, His Family, His  
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him until the day of Judgement

## **Bonus Book 3: Overcoming Negative Emotions**

**Bismillahirrahmaanirraheem**

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'alaa Rasuulillah

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Prophet Muhammad, His Family, His  
Companions and all those that follow  
him until the day of Judgement

To proceed

1. The best way to fight anger and  
negative emotions/ feelings is to just  
let go of it

2. Without conflict, we wouldn't be able to separate the real sheep from the deceitful wolves

3. Patience is like a bitter herb, whereas above that is shukr which is as sweet and as fulfilling as pure unadulterated honey

4. The more you have to work for something, the sweeter the internal enjoyment is, at and beyond that



things innate threshold of  
success( by the will, permission and  
command of Allah)

5. Just like business, you can not  
build a successful Emotionally  
Positive Enterprise in one day

6. To be a lover, you must love,  
otherwise, even the one full of  
hatred may at times positively

emerge from their constantly  
negative bouts of emotion

7. Be like an infinitely( I.e. tending to) stretching rubber band; that way after negative ephemeral forces let go of you, by way of whispering coercions( and otherwise- as in the case of human Shayaatin/ devils), you always bounce back to your positive centre. Most importantly, always remain connected to your core principles, values and beliefs

8. Silence in a state of anger, will save you an eternity of regret

9. Be patient. Take life slowly and gradually as it capitalizes( by the will of Allah). No sane individual is known to eat a raw grain of rice directly from a cooking pot before the contents of the pot boil and soften; we are not chickens, so

behave like a human and patiently  
wait for success at its due time

10. Life is a journey, but most  
importantly a process; Have your  
positively ephemeral and divine  
goals and just enjoy the speed  
bumps on the way. Whatever you do,  
DON'T RUSH/ DON'T BE HASTY

May Allah guide us all Ameen

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salutations and peace be upon the

Prophet Muhammad, His Family, His  
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## **Bonus Book 4: The Spiritual Sea Bed**

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him until the day of Judgement

To proceed

There is multiple spiritual platforms within you that you can use( at any time) to access everything you ever wanted and dreamt of( ONLY by the, will, permission and command of Allah); the only way you can access these multiple platforms of varying depths, some of which tend to infinite, is to completely, whole-heartedly and unwaveringly submit yourself( body, heart, soul, mind

emotions) to Allah/ Your Creator  
'Azza wa Jal( Who is an entirely  
separate Entity to any of His  
Creation, High Exalted is He above  
all that they associate with Him as  
Partners)

May Allah guide us all Ameen

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## **Bonus Book 5: Life Advice 1**

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To Proceed

1. Never argue with anyone, never judge anyone, never look down on anyone. Pray for yourself, and pray for everyone

2. Forgive yourself and forgive everyone for the sake of Allah. Have a clean slate. Only love what Allah loves, and only hate what Allah hates

3. Never use your desires in the affairs of religion

4. Everything in this world has a purpose. Learn to accept the reality of life, prey to your Rabb and use your energy to better yourself and pray for others

6. Be positive, be cheerful, always smile, and

religion never judge( according to your desires)

5. Take care of the relationship with your Creator, and The Creator will take care of the relationships with the Creation( in whatever form)

6. Be positive, be cheerful, always smile, and never judge( according to your desires)

7. All that is in your life is good for you. Make good use of your blessings immediately, as you never know when your blessings will be taken away from you

8. Be positive, never hold grudges for the sake of yourself or creation. Only connect yourself with Allah, and NEVER to the creation

9. The Devil wants to trick you. Seek refuge in Allah from the devil, seek a way to your Rabb/ Lord/ Creator

10. Endure, be patient and keep on praying

May Allah guide us all Ameen

All praises be to Allah and salutations and peace be upon the Prophet Muhammad, His Family, His

Companions and all those that follow  
him until the day of Judgement

## **Bonus Book 6: Poetic Statements for my Love**

**Bismillahirrahmaanirraheem**



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'alaa Rasuulillah

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To proceed

## **Poem 1**

If I had to trade the whole world and  
it's shimmering, glimmering beauty  
to enter paradise with you as my  
wife, I would and I have,

I would walk to the moon and back  
just for your companionship in  
Jannah, and I have.

I would sacrifice my money for our  
companionship, and I have,  
with the little I can afford.

If I could be with you now to wipe  
your tears and be a shoulder to cry  
on and a pillow to lay on, I would,  
and you know I would...I love you  
and always will

## Poem 2

If I ever knew

If I ever knew I had to climb one  
giant mountain to earn your worldly  
love, I would say make it two

If I ever knew there would be a day  
without me speaking with you,  
I would filter my speech and think  
about what I said to you,  
momentarily, through and through

If I ever knew I would cause a drop  
to fall from your eyes, being a  
reflection of the pain I would cause  
you,

I would plea with my Rabb to  
summon the sea to cool your  
frustrations,

I would ask my Rabb to  
hasten His mercy upon us, positively  
regenerate my thoughtless remarks,  
purify my heart and make my soul  
renewed

And if I knew there was a day I might  
lose you, I would trust in my Rabb,  
and pray to him ardently to diverge

this calamity from the Qadar towards  
the Qadar,  
So I may forever be with you

## **Poem 3**

## The wind that blew

Oh what sorrow, when I lost you,

Amongst the souls lined up with  
Prophet Adam,

Me and you intermingling spiritually  
with one another,

Then it was just then, it was like the  
wind blew



Separated on Earth through lineage,  
searching through the worldly  
rubble, looking  
only for you

Until I found my soul mate once  
again, rejoined, realigned, rekindled,  
a friendship we remembered once  
anew

And that's when it happened again,  
suddenly it was like a wind just blew

## Poem 4

How I long to hold you in my arms,  
and tell you it will all be okay.

How I long to have you by my side,  
fingers gently interlocked,

And tell you do not be afraid,

Not because of your lack of

Taqwa( of Allah),

But the permissible fear of losing

one another through the plots of

Shaitaan, and the realisation that

yes it is all alright...

As I stand face to face with my Love  
in Jannah ,  
gazing eternally into your eyes

## Poem 5

Worldly death would be sweeter for me than even an atoms thought of the possibility of losing such a priceless gem like you, of which no proficient merchant would be able to purchase, however much they

perfected their trade, and however many worldly days they would toil.

You are special, not just because I think so, but because you are a special blessing from Allah, of which no human word could do justice...

How I wish to wake up in Jannatul Firdaws with you by my side(forever), only to realise that the worldly turmoil was all but just a dream...♥

\_\_\_\_\_  
END  
\_\_\_\_\_

May Allah guide us all Ameen

All praises be to Allah and  
salutations and peace be upon the  
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## **Bonus Chapter**

Bismillahirrahmaanirraheem

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To proceed

Through the distresses of  
homelessness on the streets of  
Nigeria...



That's when it happened...

A figure appeared in front of me at a distance, walking and guiding me out of possibly approaching trouble and turmoil...

I looked directly behind me, and another figure in the form of a brightly shining star could hardly be made out.

I then continued to follow the figure in-front, until we reached the famous junctions/ crossroads within central Abuja area.

As the figure began to leave and disappear never to be seen( Wa Allahu A'lam) again, it made a gesture of takbir as it left, as one would do as they are starting their Salat/ Prayers to Allah.

As I did not have much provisions,  
let alone access to a clock/ the time  
etc, I figured it was the time for fajr  
prayer.

So, due to extreme fear, lack of  
provision and safety, plus adding the  
dangers I encountered( and that  
momentarily surrounded me) on the  
streets of Abuja ( as a homeless  
person), and the need to fulfil my  
Creator's command, of praying my

Fajr/ morning prayer, I immediately made takbeer and started the prayer.

A Muslim must not look to his sides or move around in his prayer, once it commences.

However, as I concentrated on my prayer( Wa Allahu A'lam), I could see at the corner of my eyes, figures on the left, and figures on the right. The figures were aligned on both sides of

me, in prayer formation; in the form of clear, dark shadows.

Once I completed my prayer and was in the process of giving tasleem/ the ending of the prayer, the figures disappeared...

I was back again, confronted with the reality of my temporary homelessness, on the streets of Central Abuja, Nigeria.

Wa Allahu A'alam

May Allah guide us all Ameen

All Praises belong to Allah

And The Peace of Allah be upon the

Prophet Muhammad, his family,

companions and all those that follow

him till the day of judgement

May Allah guide us all Ameen

## **Bonus Chapter**

May Allah guide us all Ameen

May Allah forgive us all with a  
complete forgiveness and pardon us  
with a complete pardoning Ameen

May Allah allow us to be completely  
thankful for the abundant favours  
that He has bestowed on every one  
of us...in our family, our selves, our  
property and every other provision,  
(however small we deem it to be  
and) whether we know it or not  
Ameen



May Allah allow us to be thankful for  
the gift of life, the gift of well being,  
the gift of breathing, the gift of life-  
sustaining air, the gift of organ  
balance Ameen (without which we'd  
be in a constant and perpetual state  
of excruciating pain)

May Allah allow us to be thankful for  
exactly where he placed the sun, the  
moon, and their exact phases

Ameen (of which any slight discrepancy would render the worldly weather unlivable for us, unbearable and sleep would be impossible)

May Allah give us guidance and protection Ameen (lack of which we would never find the path of righteousness and safety)

May Allah give us abundant, never ending good provision, blessings one

after the other, never ceasing

Ameen

May Allah allow us to be thankful for

all the never ending blessings he

has given us Ameen

May Allah allow us to be thankful for

what we He has bestowed upon us of

knowledge Ameen

May Allah increase us in beneficial  
knowledge Ameen

We ask Allah by His greatest names,  
by His being Al Hayyul Qayyum,  
Allah, Allah Ahad Allahussamad lam  
yalid walam yulad wa lam ya kun  
lahu kufuwan Ahad, ArRabb, Al  
Mu'tii, Al Baasit, that he guides us,  
unites us upon the khair, forgives us,  
that he has mercy upon us and gives  
us Jannatul Firdaws Ameen

We ask Allah by His name  
AshShakoor, AshShaakir, Al Hamiid  
that He allows us to thank Him, at  
all times, unceasing Ameen

We ask Allah by His name AsSalaam,  
that He gives us eternal peace and  
sakiinah Ameen

We ask Allah by His name

Arrahmanirraheem,  
Ghafooruraheem, that he has; never  
ending forgiveness and mercy upon  
us, forever and for eternity Ameen

We ask Allah by His name Al 'Afuww,  
that He pardons us for our  
shortcomings Ameen

Yaa saami'uddua, answer our good  
du'as Ameen

Yaa Al Muhsin give us all khair

Ameen

Yaa Allah, give us the eternal gift of  
complete submission to you Ameen

Yaa Allah allow us to remain upon  
submission, eternally and  
perpetually, unceasing Ameen

Oh Allah, by your face we ask for  
Jannah Ameen

Oh Allah, Our Rabb, The Rabb of our  
Fathers, The Rabb of our Mothers, by  
all your Names and Attributes, make  
the Quran the spring of our hearts,  
the light of our chests and the  
removal of our distresses Ameen

Oh Allah, by your attribute Muqalibal  
quloob, keep our hearts firm  
eternally on your religion Ameen



Yaa Allah, guide us, unite us upon  
the khair, forgive us, have mercy on  
us, and give us Jannatul firdaws  
Ameen

Alhamdulillah wassalaatu wassalaam  
'alaa Rasulillah

## **Bonus Chapter**

### **Spiritual Levitation 1: The Other side of Abstemiousness**

1. Face your fears, and pray to Allah  
always

2. You can never attain true success  
(i.e. in this world and the next life),  
until you worship Allah correctly and  
seek His assistance continuously/  
continually

3. If you choose a life of worshipping Allah in all that you do in your life, then( by His will), all that you desire will come to you submissively.

4. Every time you feel like giving up, turn back to Allah( whole heartedly)

5. Concentrate on bettering yourself. The general rule of thumb is that the better you are, the more

those around you get affected positively.

6. Keep on being patient, and never stop being patient, until your soul exists the collarbone.

7. In patience, there is wisdom from Allah. He is showing you that He is The One that controls everything

8. Modern day monks(and practitioners of abstemiousness) can

sometimes be found in cities and towns.

9. The more you practice Zuhd( Orthodox Islamic Abstemiousness), the more your heart lets go of the world. Then the more the world clings on to you( metaphorically speaking)

## **FINAL PRAYER**

All Praises abundant and plentiful belong to Allah, and peace be upon his final Messenger Muhammad, peace and blessings be upon him, his family, his companions and all of those that follow them till the day of Judgement.

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## **Bonus Chapter 1**

### **3 types of souls**

1. Mutma innah- Surah Fajr Verse

27(The break of day or The Dawn)

2. Lawwaamah- Chapter 75 Surah

Qiyaamah(The Resurrection) Verse 2

3.Amru bissuw-

Hisnul Muslim- Qahtani

3 types of hearts

1. Qalbun Saliim( A sound heart)

## 2. Qalbun Mareedh( A sick heart)

Oh Allah give us a complete cure  
that leaves no illness Ameen.

## 3. Qalbun Mayyit( A dead heart)

May Allah protect us from this  
Ameen

## **Bonus Chapter 2**

### **‘Uboodiyah: Beyond Temporary Friendship**

All praises be to Allah and  
salutations and peace be upon the  
Prophet Muhammad, His Family, His  
Companions and all those that follow  
him until the day of Judgement

To proceed

1. If you don't let go to worldly love,  
you'll never know which relationship  
is meant to be permanent, and

which was meant to be temporary;  
for the good of yourself.

Take the example of Prophet  
Ibrahim (upon him be peace and  
Salaam):

The important thing (wa Allahu  
A'laam/ and Allah knows best) is that  
Allah wanted  
Ibrahim ( 'aleihimussalaatu wa  
salaam/ upon him be peace and  
Salaam) to sacrifice the love of his  
son from his own heart.



Like the story of the 2 sons of Adam; Allah wanted to see who would part from the dunia/worldly life from their hearts( wa Allahu A'laam/ and Allah knows best), by giving their best possessions i.e. the crops

Allah is Assamad(He is in need of noone/nothing, but all are in need of him).

So the conclusion is that Allah wants us to go to Him with Qalbun Salim(a pure heart).

May Allah allow us to live and die with Qalbun saliim(a pure heart)

**May Allah guide us all**

**Ameen**

**Bonus Chapter 3**

## **Spiritual Levitation 2: The Other Side of Abstemiousness/ Zuhd**

All praises be to Allah and  
salutations and peace be upon the  
Prophet Muhammad, His Family, His  
Companions and all those that follow  
him until the day of Judgement

To proceed

1. Never let go of your( correct)  
religious principles

2. The enemies surrounding you( i.e. Shaitan/ satan and dunia/ the seeming glitter of the world) (and within you, (i.e. your hawa/ desires and nafs/ your lower self) are always ready to launch attacks. Be vigilant(i.e. by supplicating to Allah always), be informed(i.e. seek knowledge) and be ready( for the ongoing spiritual battle/ warfare) and on guard( by beseeching Allah's assistance, refuge and rescue)

3. Sometimes you have to let go of certain things, for a new chapter in your life to begin

4. Whatever is with Allah( by His protection)/ Everything that is with Allah( by His protection) is never lost

5. It is at that breaking point, when you literally( and metaphorically) feel that you are fast-approaching

rock bottom( or anguish is about to set in); that is the time to supplicate for all the good that you wish for. Then wait for the miracles that shall follow( only by the will of Allah)

6. Always ask for Allah's bounties/ favours upon you( , whether you hear the cockerel crow or not)

## **Bonus Chapter 4**

### **Introduction to Pre-destiny: The Sea Without a Shore**

All praises be to Allah and  
salutations and peace be upon the  
Prophet Muhammad, His Family, His  
Companions and all those that follow  
him until the day of Judgement

To proceed

4 Parts to the Qadar( Pre- destiny of Allah)

1. Al 'Ilm( knowledge)

That Allah knows everything that was, everything that is(now), everything that is going to be/ that will happen( in the future), and also things that **if they were to happen**, how they would happen.



## 2. Al Kitaabah( The writing)

That Allah instructed the pen to write all the things that will happen(till eternity- And Allah knows best), 50, 000 years before the creation of the Heavens and Earth.

## 3. Mashi a( Will)

That everything happens by the will of Allah.

That we also a will, but  
ultimately, it is still under the will of  
Allah.

‘Aml( Action/ Deeds)

That Allah created/ creates  
everything, including our actions.

## **Bonus Chapter 5**

### Knowing Allah Part 2

The Names of Allah have influence in the hearts that know of Him.

The state of shyness of Allah will increase.

When a person sins, his heart  
is free of imaan at that time.

Ibn 'Abbaas: Like this( imaan is  
taken away) he meshed his hands  
together then separated them, then  
he said; when he repents, his imaan  
returns, ( then he meshed his hands  
together again)

Maa lakum laa tarjuuna lillahi  
wa qaara; What is the matter with  
you that you don't return back to

Allah( and don't give Him the proper estimation)

Those who sin against Allah( don't believe in Allah properly) don't have the proper estimation of Allah.

Chapter 39 Verse 36

Is not Allah sufficient for His slaves. They try to frighten you with those they worship besides Allah.

If a slave gives Allah the proper estimation, he will have awe/ fear, which will keep him away from sin.

Remembrance( of Allah), is obedience to Allah.

The one who is obedient to Allah, remembers Him( dhikrullah)

The one who is disobedient to Allah, is not remembering Him( dhikrullah)

Sa'i'id Ibn Jubair:

Whoever obeys Allah has  
remembered him.

Dhikr is of 2 types:

Remembering Allah with the tongue,  
and remembering Allah at times of  
disobedience( and refraining from it)

Knowledge of Allah lends the  
believer to strive in worship of Allah.

Chapter 51 Verse 17- 18

They used to sleep little by night, invoking Allah, and in the hours of the night, they used to seek forgiveness.

Ignorance( greatest form)- not giving Allah the just/ proper estimate.

Quran: Whoever honours the sacred things with Allah, that is better for him with his Lord.

Surah Nisaa:



Ignorance stems from improper knowledge of Allah, which leads to improper estimation of Him.

From Quran:

Ignorance and foolishness;  
Allah only accepts repentance from the one who commits sins out of these 2.

A slave only commits sin out of ignorance( This was the understanding of the Sahaabah)

Ibn Taymeeyah said:

Every disobedient person is ignorant, and every person with awe/ fear ( of Allah) has knowledge of Allah and is in obedience of Him.

Had the fear of Allah been perfected, you wouldn't disobey Him.

## **Bonus Chapter 6**

The more you know Allah, the more  
you fear Him, Quran, Chapter 35  
Verse 28.

It is only the 'Ulamaa that fear Allah.

The most knowledgeable of Allah  
was the Prophet (Peace Be Upon  
Him)

The Slave feels his small sin as a  
mountain.

The Sahaabah feared Allah the most(  
after the Prophets)

Muubiqaat- destructive sins.

Don't look to the smallness of your sins, look to the Greatness of The One you are disobeying.

If Satan/ Shaitaan cannot get a person to sin, he will try to get him through riyaa/ show off and pride.

Imaam Ahmed on his death bed said "Laa ba'd( not yet)...". He said "( the Shaitaan) Iblees stood by my feet biting his fingers saying futtanee;

you were saved from me, ( he  
wanted Ahmed to feel proud)“

Ahmed said:

Not yet, not yet, not until I die.

One of the fruits of true Imaan, is  
that at death, Allah will make a  
believer firm against Satan

Firm saying, in this world, is saying  
the kalimah( statement of Tawheed)

at death and being able to answer  
the 3 questions in the grave.

One of the salaf( Abu Bakr) said all  
the names of Allah until he died( not  
Abu Bakr Siddique)

Baqarah 2: 132- 133

“Die not except in Islam( with the  
statement of Tawheed)”

The most fruitful end is to die in  
Islaam

## **Bonus Chapter 7**

Husna- the best, most perfect &  
most beautiful



In 4 places, Allah mentions that His  
Names are Al Husnaa

Surah A-raaf Chapter 7, Verse 180

Surah Israa Chapter 17, Verse 110

Surah Taha, Chapter 20 Verse 8

Surah Hashr Verse 24

### Husnaa

1. All Allah's names indicate and  
affirm His perfect attributes, they are  
names as well as attributes.

Allah is glorified above having names without meaning.

Allah's name is Al Qawii- it implies that He is The Most Strong, neither preceded by weakness or ending.

Al Hayy; Perfect living not preceded by non-existence nor ending.

His name Al Hayy implies his knowledge...

Al 'Aliim

The knowledge is not preceded by  
ignorance nor is it ended by  
forgetfulness

## **Appendix**

1. *in ipso momento*- in that particular moment